

Sailing Summer Camp

Joining Instructions



WHAT TO EXPECT DURING “SAIL TOWARDS SUSTAINABILITY” SUMMER CAMP

Getting Here

Jolly Harbour is about 30 minutes from V.C. Bird International Airport (ANU). We will be arranging a group pick-up at the airport, so **please remember to share your flight details with us in advance.**

Our Sailboats

During the camp, we will be sailing aboard three well-equipped yachts:

- **Blue Moon** – Grand Soleil 43’
- **Hatha Maris** – Dufour Performance 40’
- **Surya Noctis** – Dufour 44’



Each boat has three double cabins, two heads, a saloon, a galley, and high-standard safety equipment, as we run RYA courses on board.

Sleeping Arrangements

Each cabin is double occupancy, meaning you will share with another participant. We will provide bedding, including sheets and pillowcases.

Please note that berthing on board will begin on the first day of the summer camp and end on the final day. If you plan to arrive earlier or stay afterward, you will need to make separate accommodation arrangements.

Your Crew

Each boat will be led by an **RYA Yachtmaster Instructor** and a **boat assistant** from the Second Star Sailing team. You will be learning from experienced sailors and educators who will guide you throughout the course.

- **Blue Moon** and **Hatha Maris** will each have up to **four** students on board.
- **Surya Noctis**, being slightly larger, will accommodate up to **six** students.
- Crew assignments will be made on the first day and will remain the same throughout the camp. There will be no swapping of crews.

Food & Cooking

All on-board meals will be provisioned by the school, and we will do our best to accommodate dietary needs. You will have the opportunity to indicate any dietary restrictions or allergies in the **Enrolment Form**, or you may contact us in advance to discuss your requirements.

Cooking on board is a shared responsibility, and each crew will take turns preparing meals. If you have a favorite simple recipe, especially one-pot meals or quick dishes, feel free to bring it along. This is a great opportunity to experience cooking in a small galley while at sea.

Meals and drinks consumed onshore will be the responsibility of each participant.

Sailing Equipment: We will provide a lifejacket and all necessary boat safety equipment.

For sailing, **you will need to bring** a headlamp with red light mode (for night sailing), closed toe sailing shoes (or non-slippery, no-skid sneakers), and comfortable clothes for sailing.

You will be spending a lot of time in the water as well, **so we recommend bringing your own snorkel gear** – mask and snorkel, fins, just to make sure it's your size and you are comfortable.

Documents

A **valid passport** and any necessary **visas** for Antigua are required. Please check your visa requirements in advance. You will also need **two passport-size photos** for your course certification.

Medical

In addition to completing our **medical form**, we strongly recommend having a full **medical check-up** before participating in this physically active program.

If you take any medications, be sure to bring enough for the entire duration of the camp, along with extra supplies in case of delays. We are happy to discuss any health concerns with you in advance if needed.

All participants should bring their **own seasickness medication** and ensure they have tested it beforehand to confirm it works for them.

Insurance

All participants are required to have **personal and/or travel insurance** covering the full duration of the Summer Camp.

Currency

The local currency is the **Eastern Caribbean Dollar (EC\$)**, though **US dollars** are widely accepted. However, change is typically given in EC\$. **ATMs** are available in Jolly Harbour and Falmouth/English Harbour. It's advisable to carry some **cash** for small purchases. Most places prefer **physical credit or debit cards** rather than contactless payments.

PACKING LIST

CATEGORY	REQUIRED	SUGGESTED
Footwear	Non-skid, light-soled closed-toe sneakers or sailing shoes (you will not be allowed to sail barefoot)	Shore shoes – flip flops, sandals, etc. (No shore shoes on board)
Outerwear	Waterproof/windproof jacket (light wet weather gear)	Waterproof/windproof trousers - check the weather forecast, usually not needed
	Sun hat/cap with a retaining strap	

Headwear and Eye Protection	Sunglasses with UV protection and a retaining strap	
Health and Sun Protection	As part of our commitment to our environment, we provide you with reef-friendly sunscreen—quick-drying, no spray.	If you wish to bring your own sunscreen, look for "non-nano zinc oxide" or "non-nano titanium dioxide" on the packaging. Sea sickness medication of your choice.
	Medication if prescribed	A second set of required medication for emergency situations
Insect Protection	Bug spray (non-toxic). There are no bugs while sailing or at anchor, but lots of mosquitos on shore	After-bite gels (for mosquito bites on shore)
Clothing	Comfortable shorts (preferably quick-dry)	Light fleece vest/jacket or similar
	Pair of long trousers (preferably quick-dry, not jeans)	Lightweight/quick-dry towel (one provided on board, bring an extra if needed)
	Quick-dry short-sleeved shirts	Neck buff for neck/head sun protection
	Long-sleeve sport shirt/top for sun protection	1 pair of sport quick-dry socks (if you use them with your sailing shoes)
	Swimsuit/swim shorts	Going onshore/going out clothing and footwear
Sleeping Gear	Sheets, covers, pillows, and pillowcases are provided	Earplugs/eye covers (for better sleep in the close quarters)
Accessories	Small waterproof grab bag for documents/essentials (for transferring to shore in the dinghy)	Utility tool or knife (e.g., Leatherman or Gerber)
	A pair of sailing gloves (with or without fingers; gym or bike gloves also suitable)	Snorkel and mask, fins.
	Headlamp or torch with a red-light mode for night sailing	
	Reusable water bottle (preferably plastic, with a carabiner)	



Toiletries	Biocompatible/biodegradable/non-toxic personal products only	You can also look for soaps and shampoos adapted for saltwater use
Electronics	Chargers: USB port and 12-volt chargers available; standard European plugs and voltage when connected to shore power. Antigua uses 220/110V with USA plugs on shore	Power bank or solar charger
Record Keeping	Travel with extra passport photos . You will need 1 for each certificate awarded (for Day Skipper, Coastal Skipper, Yachtmaster Coastal/Offshore/Ocean programs). If you are taking the Radio VHF course, please bring an extra photo for your application to the RYA/MCA.	Personal Logbook (recommended to keep one; RYA Syllabus & Logbook (G158) available for purchase at the office)
	Notebook and writing materials	Charting/navigation kit (plotter, dividers, pencils, etc. if taking theory courses)

We look forward to welcoming you on board soon!

Get in touch with us:

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