

**SECOND STAR SAILING** is excited to announce two additional internship positions within our **WOMEN AT THE HELM** program for 2024-2025! This opportunity is tailored for enthusiastic females from Antigua and Barbuda eager to learn sailing and actively participate in our sailing school's daily operations.

**The internship program aims to provide interns with:**

- **Comprehensive knowledge of sailing and the industry;**
- **Participation in our RYA practical and theory courses;**
- **Integration as an essential team member onshore;**
- **Becoming an ambassador for women in sailing in Antigua and Barbuda.**

By the program's end, interns will have gained insight into sailing organization management, obtained RYA sailing certifications, developed practical sailboat maintenance skills, engaged in racing practice, and, importantly, become part of the global and local sailing community in Antigua and Barbuda.

The program's outcomes are tied to each intern's dedication and effort. We are seeking enthusiastic women who want to make a difference not just in their careers but also in the local community—educating, empowering, and inspiring other women from our beautiful island. This internship is a mutual exchange: your drive and passion will fuel the knowledge and support we provide. We're here to guide and facilitate your sailing journey, ready to make a difference together!

Through this program, we aim to foster inclusivity in the local community, bridge the gender gap in the industry, and promote mutual learning. We believe this program will encourage local women to explore Antigua's and Barbuda's vibrant sailing community, connect with like-minded sailors, and embrace the opportunities it presents, whether as a new hobby, a career path, or even as an experienced racer in the future. Join us as you take your first steps towards an exciting sailing journey!

**Female candidates eligible to apply for the program must meet the following criteria:**

- **Citizenship:** Citizens of Antigua and Barbuda.
- **Age:** At least 18 years old.
- **Experience:** None or very little experience in sailing.
- **Availability:** Able to work at the school's office for 2 days per week during working hours.

- Course Attendance: Available for 5 consecutive days during each sailing and theory course.
- Commitment: Dedicated to the entire duration of the program.
- Project Work: Motivated and capable of working on individual projects.
- Community Spirit: Enthusiastic with a strong sense of community.

If you meet these requirements, we encourage you to apply and become part of our exciting internship program!

### Program includes:

- Practical and theory sailing training – from RYA Competent Crew level up to RYA Coastal Skipper certification
- Everyday tasks at the School's Office – assisting instructors, base managers, marketing
- Learning boat and sailing base maintenance
- Learning and crewing on charters, RYA Exams
- Participating in local Regattas
- Participating in planning activities for the season
- Individual local community-based project of your choice
- Continuing existing Women at the Helm Outreach programs with local community

### Second Star Sailing provides:

- Free of charge participation in following courses: Competent Crew, Day Skipper Practical, Day Skipper Theory, Skills Week, Racing Week, Powerboat Level 2, First Aid, Diesel Engine, VHF Radio, Special courses and workshops.
- Books and online materials required for the courses
- Sailing safety gear
- Flexible schedule
- After completing 7 full months of the program, interns should have enough knowledge to qualify for a job in yachting industry, sufficient certification to charter a boat for holidays or work as a skipper on different sailboats.

### Program duration:

- Application deadline – **June 14th, 2024**
- Start of the program – October 1st, 2024

- End of the program – June 30th, 2025
- Location – Antigua, Jolly Harbour.

**If you are interested to take part in the program, please fill in the online application form – <https://bit.ly/anuinternship>**

#### **Participant Selection Process:**

1. Initial Application Review: Submit your application form (link above) to be considered for the program.
2. Group Meeting: Successful applicants will participate in a group meeting at the school office for a friendly group meeting, allowing us to get to know each other better.
3. Project Proposal Stage: Showcase your proposals and ideas for your personal project, demonstrating your creativity and vision for local female communities.
4. Individual Interviews: Finalists will undergo individual interviews to assess their suitability and commitment to the program.

**If you have any questions, don't hesitate to contact us by email [margo@secondstarsailing.com](mailto:margo@secondstarsailing.com) or on WhatsApp [+1\(268\)723-9343](tel:+12687239343).**

**SECOND STAR SAILING** is a woman-owned and run organization based in Jolly Harbour, Antigua and in Pisa, Italy. Second Star Sailing is an RYA Accredited Training Centre, as well as a UISP Vela Affiliated Sailing center, and provides sail training courses under the prestigious British Royal Yachting Association's certification system. The school has a range of offerings: from the full array of RYA courses to technical workshops, to participating in Regattas, to Atlantic Crossings, or simply as a place to go for a fun cruise, or a relaxing vacation with your family and friends. We are proud to work with and employ a wide spectrum of experienced sailors and staff from varied backgrounds.

**WOMEN AT THE HELM** is a concept created by our female instructors, focused on developing opportunities for women to acquire sailing skills in a supportive and fun environment. Female-only courses and events at all levels offer a powerful opportunity to build on your sailing skills with other like-minded women. Our programs range widely from the full spectrum of RYA courses to technical workshops, to participating in Regattas as part of all-female crews, to Atlantic Crossings.... Or simply as a fun cruise, a relaxing vacation with your girlfriends, either in the Caribbean or in the Med..