**RYA START YACHTING SYLLABUS**

This course provides a short introduction to sail cruising for novices. By the end of the course, students will have experienced steering a yacht, sail handling, ropework and be aware of safety on board.

**1. The Yacht**

* Basic Knowledge of sea terms, parts of a boat, her rigging and sails

**2. Ropework**

* Ability to tie the following knots: figure of eight, round turn, and two half hitches, bowline

**3. Underway**

* Has experienced sailing a yacht on all points of sail
* Can steer a yacht under sail or power

**4. Rules of the road**

* Can keep an efficient look out at sea

**5. Meteorology**

* Knows where to obtain a weather forecast

**6. Man overboard recovery**

* Understands the action to be taken to recover a man overboard

**7. Clothing and equipment**

* Understands and complies with the rules for the wearing of safety harnesses, lifejackets and personal buoyancy aids

**8. Emergency equipment and precautions**

* Is aware of hazards on board a yacht
* Knows the action to be taken in the event of an emergency